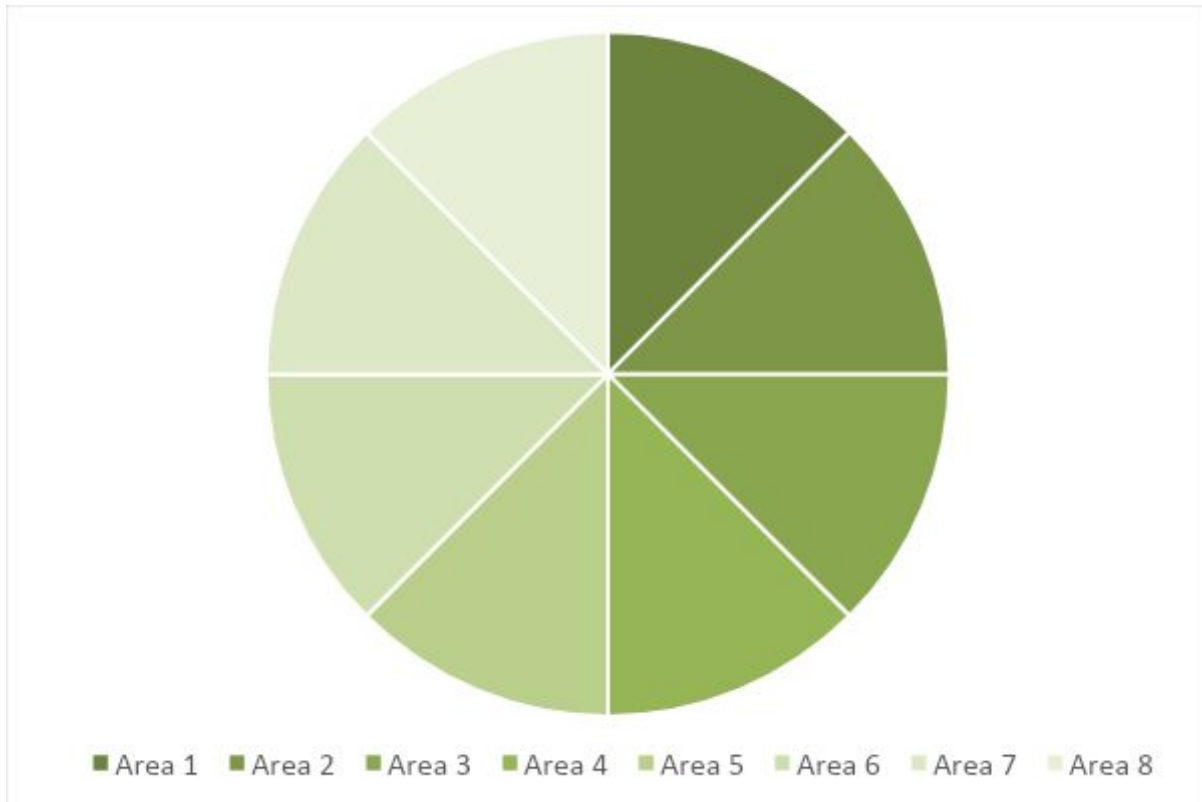


## COACHING WHEEL



### How to use the coaching wheel

1. Label each area with areas which are important to you, for example, a management wheel, might have the following areas:

Task management, People management, stakeholder engagement, team management, Management administration, Planning & organising, etc.

2. Rate yourself on a scale of 0 (low) in the centre of the segment to 10 (high) at the outer edge of the segment. Choose your rating criteria, for example:

How satisfied are you with this area right now?

How well do you perform in relation to this area right now?

3. Identify which area(s) would benefit from improvement and which to prioritise.